

Community Based Resilience Approach in Finland

Lessons Learned from the Pärjätään yhdessä – Development Project

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A Finnish Red Cross volunteer visiting a local person during the January 2018 winter storm, when big areas suffered from prolonged power cuts in Kainuu region.



Finnish Red Cross - 141 years

- One of the worlds oldest associations in the movement, founded 1877
- Active in almost every municipality
- Approx. 80 000 members, 40 000 active volunteers, 102 000 blood donors annually





Roles in the Finnish Red Cross

NATIONAL ADMINISTRATION

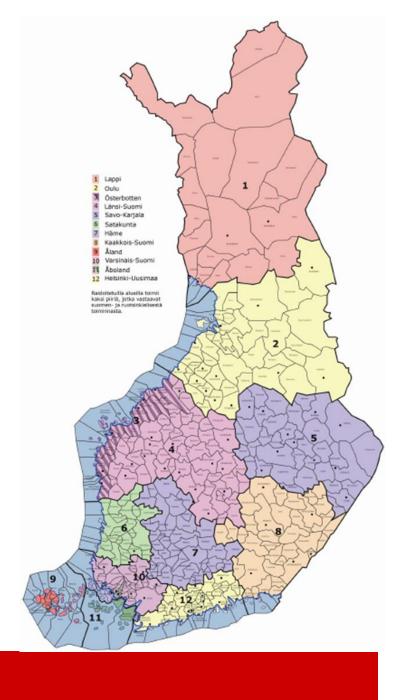
- International aid (disaster relief, development cooperation)
- National programmes, campaigns (support, development)
- Organisational services (IT, economy, HR)

DISTRICTS

- National aid
- Implementing themes, activities, programmes
- Support to key volunteers and branches

LOCAL BRANCHES

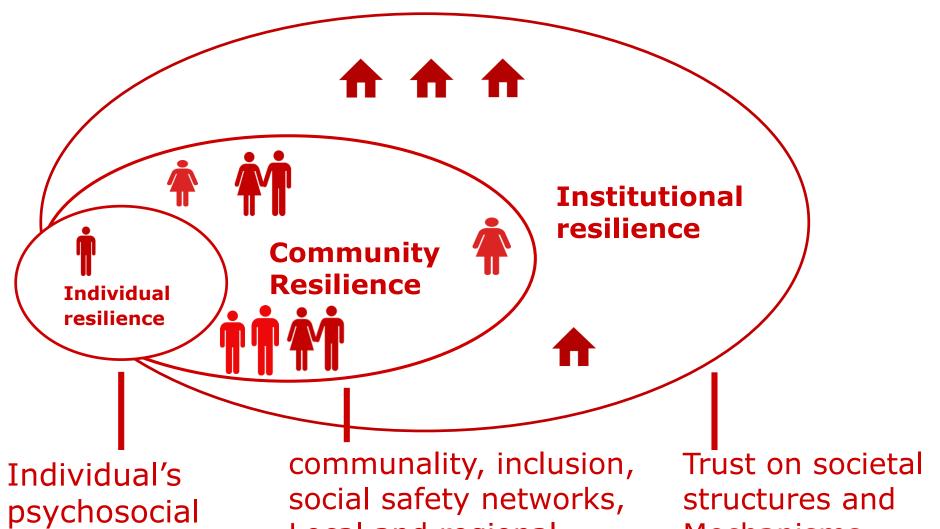
- Volunteers
- Local aid
- Executing themes, activities, programmes



Increased health, well-being and resilience through volunteer action



Decreased Health **loneliness** points Open meeting **First Aid** places for **Decreased social** interaction problems and inequality Visits to institutions **HIV** and (prisons, sexual **Increased sense** service health of belonging and homes) inclusion **Well-being** Community & resilience Volunteer Health **Accident** friends prevention **Increased quality** of life Support **Increased health** to care Senior citizen and well-being givers preparedness **Increased health Substance** Food awareness and abuse assistance better health work choices



wellbeing and capacity

Local and regional preparedness

Mechanisms

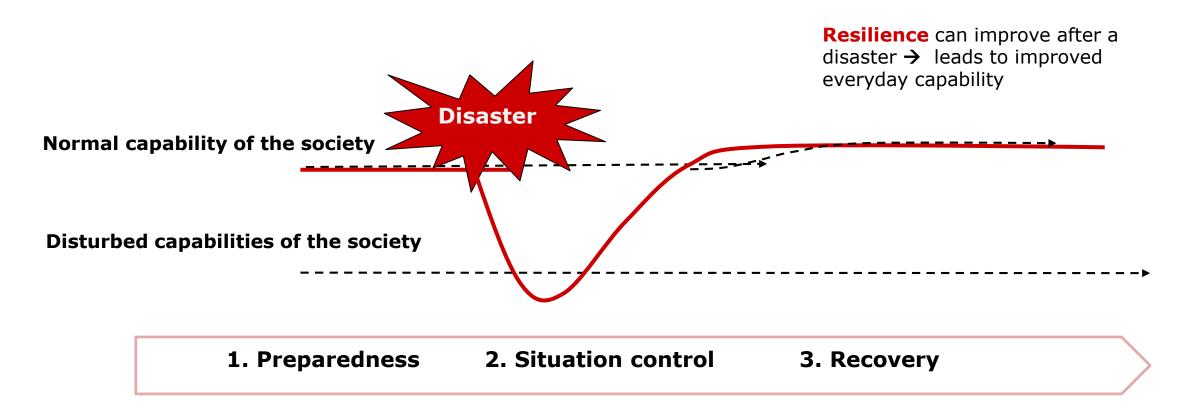


society

NGO's in disaster preparedness



The aim of preparedness is to prevent and limit damage, enable helping activities and speed up the recovery



Background for the Red Cross Mandate in NGO/CSO Coordination





The Voluntary Rescue Service (Vapepa) is a network of volunteer helpers made up of 52 different Civil Society Organisations. Coordinated by the Finnish Red Cross



2014 Memorandum of Understanding with Finnish Red Cross and Ministry of Social Affrairs and Health



2018 Memorandum of Understanding with Finnish Red Cross and Ministry of the interior

Finnish Red Cross

Pärjätään yhdessä - Resilience Development project

- A 3 year development project funded by STEA (Funding Centre for Social Welfare and Health Organisations). Piloted in Satakunta and Lapland regions.
- The Aim is to improve **resilience** through community engagement, focusing on everyday security.
- Why? Nature of societal change in Finland.
- We bring local communities, local NGO's and local authorieties together to plan, train and to communicate.
- Coordinated from Mia Vettenranta in Satakunta Pori and by Veli-Matti Ahtiainen in Lapland.
- Includes major Finnish NGO's as partners and local smaller actors

Process of Good CSO Preparedness



Every day CSO Activities

Targetted activies to support recovery

Accident or Disrupt Preparedness CSO's as the main actors

Mutual Plan of action and coordination of tasks

Situation estimation by the authorities or local CSO's

Coordination meeting by the FRC and/ the local municipality

Elements for a good local resilience



Preagreed model for cooperation of CSO's and local municipality

Shared understanding of the roles

Willingness to act and help together

Preassembled local CSO network with contacts

The updated contingency plans of the local FRC branch and the municipality



Lessons learned in the project (1/2):

- Building resilience cooperation networks is time consuming and requires a lot of effort, therefore it is best if coordination is carried out by someone in an official capacity (e.g municipality)
- All potential actors must have a genuine chanche to contribute
- All stakeholders must benefit from the cooperation
- Maintaining a resilience network require's constant upkeep and local ownership of the network



Lessons learned in the project (2/2):

- Cooperation is useful for all types of actors as they learn to know each other and their functions before needed
- In situations when the network is needed one always needs to improvise but prepared plans are helpful
- NGO's have huge potential in supporting authorities and society in resilience