## BREAST CANCER SYMPTOMS



lump (visible or can be felt)



skin inversion or dimpling



a tense-feeling area or thickened tissue



nipple inversion



feeling of heat, a tingling or tickling sensation



a change in the shape, size or elasticity of the breast







orange peel skin



ulcer that does not heal



skin or nipple rash that does not heal; redness or change in skin colour



discharge from either nipple (clear, bloody or milky)

These symptoms may indicate breast cancer. The most common symptom is a lump, but there may be other symptoms as well. The symptoms may be visible, or you can feel them with your fingers. Therefore, use your eyes and hands when examining your breasts.

You may feel various changes in your breasts that are not signs of breast cancer. The most important thing is to know your breasts so that you can notice the changes.

